

Sunnyfield Matters



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Heading for a brighter future

Sunnyfield Enterprises Allambie Heights had the pleasure of hosting the Hon. Jane Prentice MP, Federal Member for Ryan, Assistant Minister for Social Services and Disability Services and the Hon. Tony Abbott MP, Member for Warringah. The occasion was the official opening of the new Primary TGA (Therapeutic Goods Administration) facility and to thank the federal Department of Social Services (DSS) for a \$441,000 grant that Sunnyfield received in 2013. The grant was part of a funding initiative to assist Australian Disability Enterprises (ADEs) in their transition towards a social enterprise model of employment for people with disability.

The DSS grant contributed to transitioning a new Therapeutic Goods Administration (TGA) packaging work area at Sunnyfield Enterprises Allambie Heights to provide a more inclusive working environment for people with disability.

"The grant and support from the Hon. Jane Prentice MP and DSS are vital to our future as we continue to work to create sustainable employment opportunities for people with disability," said Caroline Cuddihy, Sunnyfield CEO.



Sunnyfield
For a brighter future

MESSAGE FROM THE CEO AND CHAIR

Dear clients and families,

This is an exciting time for people with disability with the roll-out of the NDIS now in full swing across half of NSW. We are acutely aware that the enormity of the changes has created some challenges for our clients and their families and carers. For this reason, and as always, as a family and member-based organisation Sunnyfield is committed to continuing to support clients, families and carers with NDIS plan development and implementation to facilitate access to the reasonable and necessary supports of their choice.

Meanwhile Sunnyfield continues to earn the trust that families and carers put in us, by providing excellent support service every day to almost 2000 people with disability. As Sunnyfield enters the final year of the 2014–17 Strategic Business Plan and begins planning to develop the next three year strategic plan, the current focus continues to be driven by the key strategic areas that support the delivery of quality services for clients, sustainable organisational growth, and protecting Sunnyfield's future.

Providing Sunnyfield clients with every opportunity to live the life that they choose is underpinned by Sunnyfield developing a suite of capacity building and development courses that support people with disability to become more independent in their community and in their homes. The Skills for Life development courses cater to a range of areas including daily living, self-care, digital literacy, social interaction, decision making and building relationships. These innovative courses are just a few of the many initiatives Sunnyfield is developing to support clients into the future.

Sunnyfield Enterprises has developed and introduced accredited training courses that encourage Supported Employees to develop their skills and provide opportunities for career development.

On 26 October Sunnyfield held the 2016 Annual General Meeting which included the presentation of the 2015–16 financial results, an overview of the key strategic initiatives and achievements, and provided a forum for Members to contribute to the future of Sunnyfield. Thank you to all who attended and contributed to the evening.

At this year's AGM Sunnyfield also proudly recognised and acknowledged long serving Supported Employees and Sunnyfield staff anniversaries; and awarded two Honorary Life Memberships to Allan Holswich and Bob Jones, who were recognised for their dedication and contributions to Sunnyfield. We would also like to thank all Sunnyfield Board Members for their continuous support and tremendous efforts this year in leading Sunnyfield's vision, mission and future directions.

As Sunnyfield heads toward its 65th Anniversary on 17 March 2017, it is a timely reminder of the foundations on which Sunnyfield was built and our commitment to people with intellectual disability, their families and carers. We look forward to continuing to provide innovative client driven supports for people with disability now and in the future.

We wish you a safe and Merry Christmas.

Karen Ingram Board Chair Sunnyfield
Caroline Cuddihy CEO Sunnyfield



Bottom
New Board Director,
Clare Sowden



CORPORATE UPDATES

Clare Sowden joins Sunnyfield as new Board Director

We are delighted to welcome Clare Sowden to the Sunnyfield Board as Director. Clare is keen to contribute her extensive commercial and property skills to support Sunnyfield's work in enriching the lives of individuals and families with disability. Clare has a Bachelor of Arts and a Bachelor of Architecture. She is Director of Real Estate Development at PricewaterhouseCoopers Australia, having previously held senior development management roles with Stockland and Mirvac. Clare has more than 15 years of real estate and related experience in the residential and urban renewal sector, ranging from architectural design to the development and strategic review of large scale assets and sites. Clare holds an Honorary Academic role with UTS and is also an executive member of the Australian division of the Urban Land Institute (ULI), a global property institute focused on building sustainable, resilient communities. At ULI she chairs the Australian Young Leaders Group and sits on the Women's Leadership Committee. Clare's mother was a Support Worker and her work with people with intellectual disability has given Clare a close understanding of the disability sector.

NDIS TRANSITION UPDATE

Sunnyfield held an NDIS Preparation Forum for the Chinese community at Bexley RSL on 30 September in partnership with the Differently Abled People Association (DAPA). Sunnyfield was pleased to receive feedback from participants, with many saying it was the most informative session they had attended. In Blacktown, Sunnyfield held an NDIS Preparation Forum on 22 October at the Blacktown Library. During 2016 Sunnyfield held over 20 NDIS Preparation Forums for clients, families and guardians of people with disability.

NDIS 'My First Plan' Update

The roll-out of the NDIS continues with more Sunnyfield clients receiving their 'My First Plan' from the National Disability Insurance Agency (NDIA). During this very important process Sunnyfield is available to support clients, families and carers to understand their NDIS plans, to organise their implementation (utilising NDIS support coordination funding), and if authorised by families, assist clients with having their plans reviewed by the NDIA.

Sunnyfield's priority is to ensure a smooth transition for clients under 65 years of age while they are transitioning to their new NDIS plans. Sunnyfield has positive working relationships with the NDIA and Local Area Coordinators (LAC), and despite some NDIA system and process issues, there is a strong shared responsibility to assist clients to receive access to their reasonable and necessary supports.

Sunnyfield is working with the Government to ensure the continuity of supports for clients over 65 years who will transition to the Department of Health from May 2017 are appropriate.

Honorary Life Memberships for Allan Holswich and Bob Jones

Sunnyfield proudly bestowed Honorary Life Membership to Allan Holswich and Bob (R.B.) Jones for outstanding services to the organisation over many years. Honorary Life Members are selected based on their significant contributions to Sunnyfield.

Allan Holswich

Allan has been a Sunnyfield member for 14 years and his daughter Jeanie accesses Sunnyfield's Shared Living services. Allan was the recent President of the Central Coast Auxiliary, actively pursuing a higher standard of support for the Sunnyfield Central Coast community.

Bob (R.B.) Jones

Bob has been a Sunnyfield member for 45 years and his daughter Gail accesses Sunnyfield's Supported Employment and Shared Living services. Bob is the former President of the Central Coast Auxiliary and is a regular volunteer, leading the Gardening Club in Charmhaven.

What to do with your 'My First Plan'

1

What is 'My First Plan'?

- It is your first plan with the NDIS
- It will be in effect for at least for 12 months
- Includes the current supports and services you need now

2

Planning for 'My First Plan'

- The NDIS funds supports that are reasonable and necessary
- Collect information about current supports and services
- Provide evidence that you have needs that aren't currently being supported
- The NDIA or a Local Area Coordinator will contact you

3

Meeting about 'My First Plan'

- The NDIA or LAC will meet with you to understand your reasonable and necessary support needs
- The NDIA will decide what should be in your plan
- The NDIA will send your plan to you

4

Review 'My First Plan'

- Identify any significant gaps in supports and services
- Ask Sunnyfield to help you review your plan
- Ask the NDIA to review your plan if it is not appropriate

5

Starting 'My First Plan'

- Select service providers for each item on your 'My First Plan'
- You will need a Service Agreement with each service provider for approval/review

6

Supports Commence

- Make/accept service booking on the NDIS portal
- Receive services and supports from service providers

Need some assistance?

Contact Sunnyfield's NDIS Transition Team on 1300 588 688 if you have any concerns or require any additional information.

SUNNYFIELD IN THE LOCAL COMMUNITY

Yvette's Kitchen Rules

Yvette accesses Sunnyfield Skills for Life course in Charmhaven and is a passionate foodie and under the National Disability Insurance Scheme (NDIS) she now has one-on-one support from Sunnyfield to work towards her goal of developing her cooking skills and gaining more independence in the kitchen. Each week, Yvette and her Support Worker research and talk about recipes she would like to try. They then head out to buy ingredients together – a favourite activity as Yvette loves the social buzz of the markets and grocery shops. Yvette then creates a delicious Saturday lunch for everyone to enjoy. Yvette loves her new culinary program, which has given her the confidence to get more creative with her dishes and supported her in building independent living skills.



Sunnyfield supports clients to Communicate and Connect

In 2013 Sunnyfield launched the 'Communicate to Connect' project as part of its person-centred active approach to support, and enhance the communication skills of people with disability. Since the launch of the project in 2013 across Sunnyfield's Shared Living and Skills for Life courses, over 110 clients now have access to valuable tools to make choices and express preferences in their lives.

One client, Martin accesses communication boards at the Community Services Hub in Marrickville. This gives him greater insight into the Hub's daily events and means he can choose activities that appeal to him. Martin and a Sunnyfield Support Worker use the boards to look through the program and make picture-based decisions as to how he spends his time. This communication tool supports Martin to build his memory and increase the processing of information.

Martin takes great pride in putting up and taking down the pictures of people that work in and visit the Community Services Hub each day and this assists him to know and recognise the many people he interacts with. These newly developed skills and communication tools support Martin and many other Sunnyfield clients to continue doing the things they love and make important choices about their day-to-day life.

“AT FIRST SHE COULDN'T BE AWAY FROM US, BUT NOW SHE RUNS OUT THE DOOR EACH WEDNESDAY AND CAN'T WAIT TO GO. SHE'S BETTER WITH NEW PEOPLE AND WILL TALK TO EVERYONE; IT'S BEEN SUCH A BIG CHANGE”

Troy, Dakota's dad

Dakota prepares for school

Five-year-old Dakota is an energetic go-getter who adores visiting local parks around Campbelltown with her Sunnyfield Support Worker, Shobha. Each Wednesday, Dakota decides where she would like to go and it's usually somewhere she can have an adventure! Dakota loves to run around the park, use the swings and chat to other children. "She's always making friends wherever we go," Shobha says. With growing independence, bubbly Dakota is excited to start her first year of school in 2017.

Dakota has made great progress with the support of Sunnyfield's Campbelltown team. Her confidence and communication skills have grown in leaps and bounds. "She keeps getting better and better," says Troy, Dakota's dad. "At first she couldn't be away from us, but now she runs out the door each Wednesday and can't wait to go. She's better with new people and will talk to everyone; it's been such a big change."

Dakota's strong relationship with Shobha gives her confidence to try new things. "Shobha and Dakota share a very close bond, it has helped her get ready for school and to make it easier," says Troy. "Their time together also gives us a bit of a break, Dakota also loves going out and shopping, she looks forward to their outings each week."

As Dakota prepares to attend her first year of primary school next year, her family look forward to continuing their support from Sunnyfield and accessing services on weekends. "It's such a good thing for Dakota," says Troy.



Clockwise from left
Martin at the Marrickville
Community Services Hub

Dakota at Koshigaya Park in
Campbelltown

Sunnyfield's artistic HATCH
production, Momentum.

Sunnyfield Hatches another magical artistic performance

A magical performance took place at the Parramatta Lanes Festival during 12 – 14 October featuring three Sunnyfield clients from Marrickville and Parramatta as the second part of Sunnyfield's artistic HATCH production, called Momentum.

The moving performance piece was created by local artists and people with disability who worked collaboratively to create a series of installation performances, inspired by artworks from the Art Gallery of NSW.

Hatch was created to provide a platform for people with disability to develop their artistic skills under the guidance and training of local emerging artists. Since the launch of the project in December 2015 eight Sunnyfield clients have participated in the innovative and engaging arts program. Sunnyfield would like to thank the NSW Government through the Lifetime Care and Support Authority and Arts NSW and the City of Parramatta Council through the Community Grants Program and Parramatta Artists' Studios for their support to make Hatch magical.

CLIENT STORIES

I CAN'T WAIT TO DO SOME MORE PUBLIC SPEAKING

Russell, Sunnyfield client

Russell speaks out to share his story

Sunnyfield Shared Living resident Russell loves to communicate with others and has plans to develop his public speaking skills so he can confidently make presentations in front of an audience. With the support of Sunnyfield under the National Disability Insurance Scheme (NDIS) Russell can start putting his orator plans into action.

Russell currently works at Sunnyfield Enterprises as a Process Worker, but he's ready for a new phase in his life and we're right behind him. With his new NDIS plan Russell can focus on his health, getting out and about in his local community, planning an upcoming holiday, enjoying more rest, and pursuing his interests like public speaking and dancing. Expect to see Russell behind a microphone soon! "I can't wait to do some more public speaking," he says.

I'M EXCITED TO GO TO THE SPECIAL OLYMPICS, IT'S GOING TO BE LOTS OF FUN AND I WANT TO WIN!

Annalise, Sunnyfield client

Superfish Annalise goes for gold in New Zealand!

Sunnyfield Enterprises Allambie employee Annalise is representing Australia in swimming at this year's Trans-Tasman Special Olympics Tournament in New Zealand. Annalise will be competing during the 25 – 27 November 2016 tournament alongside 120 Australian athletes in Hamilton, New Zealand.

Annalise is one of just four athletes selected for the Australian swimming squad – a huge honour and testament to her hard work and commitment in the pool. "I'm excited to go to the Special Olympics, it's going to be lots of fun and I want to win!" Annalise has spent the last three months training with the team at the Warringah Aquatic Centre. Annalise loves the thrill of competing but also enjoys being part of a close-knit group and making new friends. "I meet lots of people and I love being part of a team." Sunnyfield will be cheering on Annalise as she takes to the blocks and goes for gold. Good luck Annalise!

To follow her journey visit www.specialolympics.com.au

Top left
Annalise and her mum,
Sunnyfield client

Bottom right
Russell at one of his
public presentations
he competed at
Meadowbank TAFE

FUNDRAISING AND VOLUNTEERS

Lilyfield Blitz Mirvac spends their community day with Sunnyfield

At Mt Druitt and Allambie Heights, Mirvac volunteers worked alongside Supported Employees for the day, to learn about their roles and share in their experiences as part of the Enterprises Buddy Day. Lilyfield Community Services Hub was a hive of activity as Mirvac volunteers joined forces with contractors, tradesman and suppliers to transform the site. The mammoth task included laying concrete slabs and adding raised garden beds, outdoor furniture (including a shade cloth) and planter boxes with vegetables and herbs. The gardens are now wheelchair accessible, so all clients can enjoy time outdoors, soak up the summer sunshine and care for the kitchen garden. The entire interior of the house was also given a fresh coat of paint from ceiling to floor, which gave new life to the space. It was a fantastic day with spectacular results. We are extremely grateful for Mirvac's wonderful hard work, time and commitment and their continued support of Sunnyfield to support people with disability.

Ingleside Blitz Spring Cleaning with Westpac

Westpac joined Sunnyfield for a great day of volunteering at Ingleside. A team of 15 enthusiastic volunteers arrived ready for their blitz, loaded with cleaning supplies, gardening tools and plenty of much-appreciated donated household goods, ranging from DVD players, garden tools, linen, kitchen goods and rugs. The day kicked off with volunteers clearing out overgrown vegetation and tidying up the grounds. They moved onto a thorough spring clean and update of the home. This included painting the bathroom (paint and equipment kindly donated by Bunnings) tackling small maintenance jobs and water-blasting the front driveway to make sure everything looked spick and span for the residents. To finish up this fantastic day, residents, volunteers and Sunnyfield staff enjoyed a lunch cooked on the new BBQ donated by Bunnings. Many thanks to Westpac staff and Bunnings!

Above
One of the residents checking out their new garden at Ingleside.

Below
Mirvac volunteers celebrate the end of their Buddy Day efforts at the Lilyfield Community Services Hub

THIS IS GOING TO IMPACT ALL OF THE CLIENTS, IT'S LIKE A BRAND NEW CENTRE

Sue, Sunnyfield Service Manager



I LOVE BEING OUT AND ABOUT

Ninny – Grigor's Café

SHARING EVERYDAY SPACES

Whether it's visiting her local café or just catching up with friends, Ninny brings her bubbly personality everywhere, she is always up for a chat and a slice of her favourite cheesecake.

Visit www.sunnyfield.org.au/share-your-space to follow Ninny's story.



UPCOMING EVENTS

International Day of People with Disability
3 December 2016

Guildford Community Services Hub Lunch
2 December 2016

Guildford Community Services Hub Lunch,
25 Byron Road, Guildford

International Volunteer Day
5 December 2016

Human Rights Day
10 December 2016

Sunnyfield Client and Family Feedback Survey
Closes 16 December 2016

Sunnyfield Enterprises Christmas Party
Mt Druitt

14 December 2016
Chatswood

15 December 2016
Allambie Heights

16 December 2016

Sunnyfield 65th Anniversary
17 March 2017

NDIS NSW Region 2 Preparation Forums 2017

Sunnyfield will be holding NDIS Preparation Forums from February 2017

To register your interest email: NDIS@sunnyfield.org.au



WIN A LEXUS RX200T

Purchase a \$20 ticket in the ASX Thomson Reuters Charity Foundation raffle to help make a difference in the lives of people with disability. Every dollar raised goes directly to Sunnyfield

To enter visit: sunnyfield.org.au/support-us/asx

Feedback

We are not only in the business of improving lives we are also in the business of improving the way we do it. So if you have any feedback, about the things we have done well, or the things we could do better, then please get in contact and send an email to our confidential email address at feedback@sunnyfield.org.au

Contact us

T 1300 588 688 E NDIS@sunnyfield.org.au
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